

Your donation to the United Way of Guelph & Wellington helps to fund **80 community programs**. Here are just some of the agencies you'll be supporting:

- Autism Society of Ontario - Wellington County Chapter
- Canadian Hearing Society
- Canadian National Institute for the Blind
- Canadian Red Cross Society - Guelph/Wellington
- Centre Wellington Food Bank
- Community Torchlight, Distress Centre Guelph/Wellington
 - East Wellington Community Services
 - Epilepsy Waterloo Wellington
 - Guelph Independent Living
 - Guelph/Wellington Seniors Association
 - Immigrant Services of Guelph-Wellington
 - John Howard Society of Waterloo-Wellington
 - Mood Disorders Support Group of Guelph
 - North Wellington Seniors Council
 - St. John Ambulance - Guelph & Fergus/Elora Branches
- Second Chance Employment Counselling Inc.
- Spark of Brilliance
- Victorian Order of Nurses (VON)
- Volunteer Centre of Guelph/Wellington
- Welcome In Drop-In Centre
- Wellington County Learning Centre
- Wyndham House

Eighty cents of every dollar raised goes directly to on-the-ground programming.

www.unitedwayguelph.com

BE AN EVERYDAY HERO



Donate **\$1 a day** to the United Way and show your community the hero in you!

What does it mean to be a hero?

At the United Way, we think of heroes as everyday people doing noble things to make our community better.

Your donation of a \$1 a day will help thousands of people in Guelph and Wellington County.
Heroic? We sure think so.

Your donation of \$1 a day helps...

- **Food and Friends** provide healthy breakfasts to students who otherwise would start their day hungry.
- The **Alzheimer Society of Guelph-Wellington** provide peer support to those with early stages of the disease.
- The **Ontario March of Dimes** provide wheelchairs and other assistive devices to those in financial need.
- **Action Read Community Literacy Centre** provide training resources for adults seeking education support.
- **Hospice Wellington** volunteers provide emotional and social support to terminally ill clients and their families.
- **Big Brothers Big Sisters** match children with adult mentors.